

RESOURCES IN PARENTING EDUCATION: PROGRAM CURRICULA

NYS Parenting Education Partnership/Prevent Child Abuse New York

Updated November 2011

The following chart lists selected parenting education curricula, including stand-alone curricula, sets of curricula (e.g. for varying ages of children), home visiting programs and multi-audience programs that include parenting education.

The chart includes:

- o Program Title and Contacts for additional descriptive and ordering information
- o Audience for whom it is designed and Intended Outcomes
- o A very brief description, "Goals, Focus, Features, Format, Languages"
- o Cost and training information
- o Whether evaluation tools are available with the program
- o Whether the program is cited on evidence-based-practice websites (see below).

Additions and corrections to the list are welcome; contact Christine Deyss, cdeyss@preventchildabuseny.org, or Judy Richards, Judy.Richards@ocfs.state.ny.us.

Evidence-Based Web Citation

This section of the chart refers to the following organizations' reviews of evaluative research and consequent ratings of program effectiveness. Rating scales and definitions of effectiveness vary among the websites. Not being cited on one or more of these websites does not mean that a program is not effective, but relates to the availability and quality of evaluative research on the program.

Center for Study and Prevention of Violence Blueprints for Violence Prevention (BVP)

<http://www.colorado.edu/cspv/blueprints/modelprograms.html>

Blueprints programs meet rigorous tests of effectiveness in the field. Several important criteria are considered when reviewing program effectiveness; three are given greater weight: evidence of deterrent effect with a strong research design, sustained effect, and multiple site replication. Blueprints **Model** programs must meet all three of these criteria; **Promising** programs must meet only the first criterion.

California Evidence Based Clearinghouse for Child Welfare (CEBC)

<http://www.cachildwelfareclearinghouse.org>

Provides access to information about selected child welfare related programs. Research for each program is reviewed and rated on a scale of 1 to 5, a lower rating indicates a greater amount of research support, i.e., 1 = well supported, 2 = supported, 3 = promising, 4 = evidence fails to demonstrate effect, 5 = concerning practice.

Office of Juvenile Justice And Delinquency Prevention (OJJDP) Model Programs Guide

http://www2.dsgonline.com/mpg/program_types_definitions.aspx

Evidence ratings are based on the evaluation literature of the programs and include: **Exemplary**, when implemented with a high degree of fidelity, robust empirical findings based on a reputable conceptual framework and experimental evaluation design.

Effective, when implemented with sufficient fidelity, adequate empirical findings based on a sound conceptual framework and a quasi-experimental evaluation design.

Promising, when implemented with minimal fidelity, promising empirical findings based on a reasonable conceptual framework and a limited evaluation design.

Promising Practices Network (PPN) <http://www.promisingpractices.net>

Offers research-based information on what works to improve the lives of children and families. "Programs that work" include: **Proven** At least one outcome is changed by 20%, statistically significant at the 5% level; randomized-control trial or some quasi-experimental designs, evaluation documentation publicly available. **Promising** At least one outcome is changed by more than 1%, significant at 10% level; comparison group but may exhibit some weakness; evaluation documentation publicly available. **Screened** have not undergone a full review by PPN, but evidence of their effectiveness has been reviewed by one or more credible organizations that apply similar evidence criteria.

SAMHSA (Substance Abuse and Mental Health Services Administration) National Registry of Evidence-based Programs and Practices (NREPP)

<http://www.nrepp.samhsa.gov>

A searchable online registry of mental health and substance abuse interventions that have been reviewed and rated by independent reviewers, to assist in identifying mental and/or substance use prevention and treatment approaches that have been scientifically tested and that can be readily disseminated to the field. Intervention (program) descriptions include outcomes and quality of research ratings, on a 0-4 scale.

Resources in Parenting Education

Group Programs & Curricula	Page:
Active Parenting Now	1
Children in the Middle	1
Common Sense Parenting	1
Confident Parenting	1
Creating Lasting Family Connections	2
Discipline Is Not A Dirty Word	2
Effective Black Parenting Program	2
Every Person Influences Children	3
Family Talk	3
Guiding Good Choices	3
Los Niños Bien Educados	4
Love and Logic	4
MELD	4
Nurturing Parents Program	5
1-2-3 Magic	5
ParentCorps	5
Parent Effectiveness Training (PET)	6
Parenting a Second Time Around (PASTA)	6
Parenting Journey	6
Parenting Skills Workshop Series	7
Parenting Through Change	7
Parenting Wisely	7
Parents Anonymous®	8
Parents Apart	8
Partners in Parenting Education (PIPE)	8
Peaceful Parents...Peaceful Kids	9
Positive Parenting Program (TRIPLE P)	9
Smart Steps	9
Strengthening Families Program	9
Systematic Training for Effective Parenting (STEP)	10
The 5 Essentials of Successful Parenting	10
The Incredible Years: Parents and Children Series (IY)	10
Home-Based Programs	Page:
Attachment and Biobehavioral Catch-up Intervention (ABC)	11
Healthy Families New York (HFNY)	11
Nurse-Family Partnership	11
Parent-Child Home Program (PCHP)	12
Parents As Teachers (PAT)	12
(SPIN) Stichting Promotie Intensieve Thuisbehandeling Nederlands	12
The Carolina Abecedarian Program	12

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Active Parenting Now</p> <p>800-825-0600 http://www.activeparenting.com/xapn.htm</p>	<p>Parents of children ages 5-9</p> <p>To increase cooperation, responsibility and self-esteem from child; and to reduce power struggles</p>	<ul style="list-style-type: none"> ▪ Focused on encouragement, building child’s self-esteem and creating a relationship with child based on active listening, honest communication and problem solving, using natural and logical consequences to reduce unacceptable behavior. ▪ Video-based, six 2-hour sessions, weekly or monthly ▪ 6 Basic Programs: Children 5-12, Teens, Self-Esteem, Dealing with Loss, Divorce, Actively Parenting today (Children 5-12) in Spanish. ▪ Training materials: Video program, leaders guide, participants guide, and Power Point presentation are available in Spanish. 	<p>\$200 - \$600 per kit depending on program</p> <p>Training is available, but not required.</p>	<p style="text-align: center;">Yes</p>	<p>SAMSHA: 3.1 -3.2 (supported evidence)</p>
<p>Children in the Middle</p> <p>Center for Divorce Education 740-594-2526 www.divorce-education.com/children.htm</p>	<p>Parents with divorce conflicts</p> <p>To improve communication skills, reduce conflict and less litigation</p>	<ul style="list-style-type: none"> ▪ Specific parenting skills with a focus on communication skills are aimed at reducing parental conflict, loyalty pressures and familial conflict that could be stressful experience of children. ▪ One or two 90-120 minutes classroom sessions (for parents only) that can be tailored to meet specific needs. Part I focuses on adults and Part II on child’s issues. ▪ Training materials: video, parents’ guidebook, children’s guidebook, leader’s guide are available in Spanish 	<p>Video kit \$290, including 20 parent and 20 child books</p> <p>No training is required.</p>	<p style="text-align: center;">Yes</p>	<p>OJJDP: Promising</p> <p>PPN: Screened – full review not completed</p> <p>SAMSHA: 2.0 – 2.4 (Acceptable evidence)</p>
<p>Common Sense Parenting (used also by parents for self-education)</p> <p>Boys Town Press 800-545-5711 http://www.parenting.org/catalog/index.asp</p>	<p>Parents of 6-16 year olds</p> <p>To develop or enhance parenting skills that encourage positive behavior, discourage negative behavior and alternatives to problem behavior</p>	<ul style="list-style-type: none"> ▪ Aimed at enhancing the role of parents as teachers, using effective discipline, clear communication, effective praise, proactive teaching and corrective teaching. Additionally, parents learn to teach self-control and ways to stay calm to their children. ▪ Six to eight 2-hour sessions weekly ▪ Training materials: parenting book, videotapes-2 VHS/DVD videos and parent’s activity book are available in Spanish. Some materials are also in Russian. Books are also available for parents of toddlers, preschoolers and for teens. ▪ Trainer’s kit includes all materials needed for conducting the parenting class. 	<p>Video set and trainer resources: \$699</p> <p>Not required, but the 3-day training at the cost of \$675 per participant at the Boys Town or on site.</p>	<p style="text-align: center;">No</p>	<p>Outcome studies using Child Behavior Checklist, Family Satisfaction Scale and Child Abuse Potential Scale showed a decrease in behavior problems and an increase in family satisfaction.</p> <p>CEBC: Promising</p>
<p>Confident Parenting</p> <p>Center for the Improvement of Child Caring 818-753-1054 http://www.ciccparenting.org/TrioNationalModel.aspx</p>	<p>Parents with 2 – 12 year olds</p> <p>To improve parenting skills or enhance effectiveness and improve parent-child interaction</p>	<ul style="list-style-type: none"> ▪ 4 Basic Programs emphasize positive parent role modeling, reinforcement and logical consequences. ▪ Ten 2-hour weekly sessions; separate topics, such as effective praise, can be presented in one-session parent meetings. ▪ Training is provided through short lectures, demonstration, discussion, role playing of skills, homework and behavior change projects. ▪ Training materials: books, videos and instructors kits. The Spanish adaptation, Los Niños Bien Educados Programs is also available, 	<p>Leader’s kit \$242, additional materials available</p> <p>Instructor training \$975, includes kit Training held at various places and at site as needed</p>	<p style="text-align: center;">No</p>	<p>Findings in several studies on the impact of the program showed parent and child behavior changes for strengthening the family relationship.</p>

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Creating Lasting Family Connections</p> <p>Resilient Futures Networks, LLC 502-897-1111 http://copes.org/products.php</p>	<p>Youth ages 9 – 12 and their parents</p> <p>To reduce teen alcohol and other drug use; increase family resiliency and community connections</p>	<ul style="list-style-type: none"> ▪ Designed for youth and their parents to improve social skills, refusal skill, alcohol and drug knowledge, understanding of healthy beliefs and risk factors. Content also focuses on reducing violence and uncontrolled behavior as well as inappropriate sexual behavior and the transmission of STDs. ▪ 6 training modules, 2.5-hour session for 5-6 week to assist the participants through increased self-awareness, expression of feelings, interpersonal communication and self-disclosure. ▪ Training can be implemented flexibly in different settings and partially for parent training or youth training without the other. ▪ Training materials: curricula, participants' notebooks, posters and custom evaluation kit are also available in Spanish, 	<p>\$1,600 for all curricula, participants' notebooks, posters and evaluation kit</p> <p>Training highly recommended, but not required</p>	<p style="text-align: center;">Yes</p>	<p>OJJDP: Effective</p> <p>PPN: Promising</p>
<p>Discipline Is Not A Dirty Word <i>(used also by parents for self-education)</i></p> <p>Cornell Cooperative Extension Handbook can be download at http://www.parenting.cit.cornell.edu/ppDINADW.html</p>	<p>Anyone who lives and/or works with kids</p> <p>To improve discipline and anger management skills</p>	<ul style="list-style-type: none"> ▪ Seven principles of discipline designed to help families through difficult times, for example: "do" rather than "don't" statements, safe limits, changing the environment. ▪ Practice episodes demonstrate how the principles can be translated into action. ▪ The parenting handbook can be used as a practical resource for anyone who lives or works with kids as well as a guidebook for leading classes or seminars. ▪ Content of the handbook is appropriate for varying levels of literacy and easy for parents to understand. 	<p>Free download of handbook</p> <p>No training needed</p>	<p style="text-align: center;">No</p>	<p>Survey of CCE Educators in Fall 2004 showed 52% survey respondents statewide are involved in this curriculum.</p>
<p>Effective Black Parenting Program</p> <p>Center for the Improvement of Child Caring 800-325-CICC http://www.ciccparenting.org/TrioNationalModel.aspx</p>	<p>African-American families</p> <p>To strengthen families and confident, healthy children; and also to prevent child abuse, juvenile delinquency, drug abuse and school failure</p>	<ul style="list-style-type: none"> ▪ Adaptation of Confident Parenting focuses on the cultural specific parenting strategies within the framework of values, history and contemporary culture of the African-American community. The training incorporates elements of parents as models and teachers, the child characteristics of high self-esteem, self-discipline, pride in identity, and life goals. ▪ 15 one-hour weekly sessions held for a small groups of 15-30 parents. A one-day seminar is available for large group. ▪ Training materials: Parent Handbook, training video, DVD on recruitment and marketing 	<p>Instructor kit \$413</p> <p>Instructor training \$975 includes kit. Training can be arranged at site.</p>	<p style="text-align: center;">Yes</p>	<p>Several studies supported the program's effectiveness in reducing risk factors, increasing positive parenting practices, & social competency of children.</p> <p>CEBC: Promising</p>

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Every Person Influences Children</p> <p>(EPIC)-Pathways to Parenting 475 Riverside Drive, Suite 1268, NY 10115 212-870-291 716-332-4100 http://www.epicforchildren.org NYCinfo@epicforchildren.org</p>	<p>Parents of children from birth through adolescence</p> <p>To help parents, teachers, and members of the community raise responsible and academically successful children</p>	<ul style="list-style-type: none"> ▪ Designed as a community-based continuum of programming to engage parents, children teachers, and community members to develop parenting skills, parent advocacy, and education. ▪ Three program components: Hospital Room Visit, Newborn Class and Community Workshop Series that parents can choose to participate in all three components or any combination. ▪ Workshop series cover a variety of topics for parents of newborns through young adolescents. ▪ Workshops for teachers, community leaders, and youth are also available. ▪ Training materials: provided with training. 	<p>Training and licensing requirements: Contact EPIC</p>	<p style="text-align: center;">Yes</p>	<p>Evaluations of documented results show participants' improvement in confidence and competency in being a parent.</p>
<p>Family Talk</p> <p>Family Resource Centers of Crestwood Children's Center 585-436-0370 ext.303 rkraus@hillside.com www.hillside.com</p>	<p>Parents of 0 – 12 year olds</p> <p>To increase comfort and competence with sexually related questions</p>	<ul style="list-style-type: none"> ▪ Designed for parents of young children and teen to become the primary sexuality educators of their children. ▪ Four consecutive weekly sessions cover topics on talk with children about their bodies and sexuality, age appropriate information, body and reproduction, and standard for sexual behavior for children. ▪ Training materials: Handouts for parents and training manual for facilitators are available in Spanish. 	<p>training materials: \$900</p> <p>12-hour training is advisable.</p>	<p style="text-align: center;">Yes</p>	<p>A study found the program may be effective in increasing communication about health, sexuality and values with children and children's healthy decision on sexuality.</p>
<p>Guiding Good Choices</p> <p>Channing Bete Company 877-896-8532 http://www.channing-bete.com/prevention-programs/guiding-good-choices/</p>	<p>Parents with children ages 9 -14</p> <p>To prevent substance abuse among teens</p>	<ul style="list-style-type: none"> ▪ Focus on developing parents' effective family management and communication skills before their children reach adolescence. ▪ Based on the social development model that strong bonding to positive influences reduces problem behaviors, such as delinquency and substance abuse. ▪ Five 2-hour sessions, on parent education support format ▪ Training materials: Leaders guide, workshop videos, family guide, CDs for PowerPoint presentations, handouts, and evaluation tools are available in Spanish. 	<p>instructor kit: \$839, and \$1,079 with 25 family guides</p> <p>Training is available, but not required</p>	<p style="text-align: center;">Yes</p>	<p>BVP: Promising</p> <p>OJJDP: Exemplary</p> <p>PPN: Proven</p> <p>SAMSHA: 2.6 – 3.1 (acceptable evidence)</p>

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Los Niños Bien Educados</p> <p>Center for the Improvement of Child Caring 800-325-CICC http://www.ciccparenting.org</p>	<p>Latino parents</p> <p>To improve parenting skills, effectiveness and parent-child interaction</p>	<ul style="list-style-type: none"> ▪ Designed to teach parenting skills from a Latino cultural frame of reference, using Latino proverbs, that is respectful of the traditions and customs of Latino families and sensitive to adjustment needed to acculturate to life in our society. ▪ Twelve 13-hour sessions cover culturally-specific parenting strategies, general parenting strategies, basic parenting skills and special program topics. ▪ Training materials: Instructor’s manual, parent handbooks, transparencies, and other resources are available in English and Spanish. 	<p>instructor kit: \$415 parent book: \$19</p> <p>Instructor training \$975, including kit, can be arranged at site.</p>	<p style="text-align: center;">Yes</p>	<p>Evaluation studies of 1,418 parent participants in L.A. areas from 2001-2004 found positive improvement in parenting behaviors, attitudes and knowledge.</p>
<p>Love and Logic</p> <p>The Love and Logic Institute 800-588-5644 http://www.loveandlogic.com/teach.html</p>	<p>Any parents</p> <p>To improve parents’ respectful and healthy relationships with children</p>	<ul style="list-style-type: none"> ▪ Focus on the principles to raise and teach children in ways that build strong and positive communication and relationships with them, preserving the child’s self-concept and teaching the child to solve their own problems. ▪ Six – eight group sessions, with “How to’s” for ways of working with children that would put parents and teachers back in control, and children would be responsible. ▪ Curricula: Early Childhood, Toddlers, Teens, Grand-parenting ▪ Training materials: Instructional video, CDs, facilitator’s guide, parents handbooks are available in Spanish. 	<p>facilitator kit: \$730, including 10 parent books</p> <p>Training conferences are available, but not required.</p>	<p style="text-align: center;">No</p>	<p>Limited empirical research conducted on the program showed evidence to support using the techniques. It is a project that is currently under review.</p>
<p>MELD</p> <p>780 W. Main St Avon 508-588-0447 ext. 230 shmeld@selfhelpinc.org http://selfhelpinc.org/meld.html</p>	<p>Parents of preschool children</p> <p>To help re-establish family ties, build parenting skills and develop self-confidence for at-risk parents</p>	<ul style="list-style-type: none"> ▪ Designed with a parental developmental perspective to help at-risk parents to improve parenting skills. ▪ Focused on developing appropriate expectations of child’s abilities, empathic awareness of child’s needs and appropriate response. ▪ Educational and interactive group-based workshop is provided in libraries or free community-based locations. Topics include self-discipline, becoming child advocate, tantrum troubles, routines and rituals, avoiding power struggles, resolving conflicts, winning cooperation and helping young children with anger issues, etc. ▪ Training materials: available at the group 	<p style="text-align: center;">No</p>	<p style="text-align: center;">No</p>	<p>MELD has demonstrated a positive and significant shift in parents’ attitudes and beliefs toward parenting and nurturing children.</p>

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Nurturing Parents Program</p> <p>Family Development Resources 800-688-5822 http://www.nurturingparenting.com</p>	<p>At –risk families with children ages 0 – 18</p> <p>To stop the generational cycle of child abuse, reduce rate of recidivism in juvenile delinquency, alcohol abuse and teen pregnancies.</p>	<ul style="list-style-type: none"> ▪ Designed to meet the specific needs of families with children of various ages, and at different level of prevention, primary and secondary, and treatment through building the nurturing skills as an alternative to abusive parenting. ▪ Training topics include nurturing self-awareness, positive self-esteem, empathy, developmental expectations and needs, healthy development, and family communication, etc. ▪ Group-based for parents and children, home-based, or a combination of the two. Group sessions run from 2-3 hours once a week for 12-45 weeks. ▪ Training materials: Lesson guides, DVDs, parent handbooks, assessment inventories, available in Spanish and other adapted versions. 	<p>\$900 - \$1,925, depending on the program ordered</p> <p>Training cost \$250 – 300 recommended, and can be arranged at site.</p>	<p style="text-align: center;">Yes</p>	<p style="text-align: center;">CEBC: Promising</p>
<p>1-2-3 Magic <i>(used also by parents for self-education)</i> ParentMagic, Inc 800-635-8301 www.parentmagic.com Parentshop Pty Ltd PO Box 102 Byron Bay, NSW.2481 1300738278 service@parentshop.com.au</p>	<p>Parents and caregivers of children of ages 2 -12</p> <p>To improve child cooperation and behavior; and to reduce parental stress, hostility and depression</p>	<ul style="list-style-type: none"> ▪ Based on a behavioral theoretical framework which emphasizes the effect of the environment on people’s development. ▪ Aimed at changing or eliminating negative parenting behavior, such as nagging by providing simple, clear and positive strategies, such as timeout, and other practical suggestions to deal with problem behaviors and behavioral disorders. ▪ 4 one-hour weekly sessions ▪ Training materials: leader’s guide, DVDs, PowerPoint CD, transparencies, masters for participants’ booklets for take-home materials, evaluation forms, and other resources 	<p>Leader’s presentation package: \$295 – 495</p> <p>Training is not required.</p>	<p style="text-align: center;">Yes</p>	<p style="text-align: center;">CEBC: Supported</p>
<p>ParentCorps</p> <p>NYU Child Study Center 577 First Avenue New York, NY 10016 212-263-6622 http://www.aboutourkids.org/research/institutes_programs/</p>	<p>For families enrolled in Pre-K programs in public schools in underserved urban communities.</p> <p>To help children succeed in school by supporting families and schools</p>	<ul style="list-style-type: none"> ▪ Designed to take account of the important role of family cultural values, beliefs and traditions, and encourages parents to share experiences of challenges often faced in their communities as they set and work toward goals for their children. ▪ 14 weekly parent groups for parents, preschoolers and older children in the family, held in the early evening at the child’s school, and co-facilitated with the school staff. ▪ Topics include building self-confidence, love of reading, enjoying special time, nurturing, teaching, coaching child, organizing routines, praise and rewards, plan and supports, etc. ▪ Training to school personnel, professional development and teacher consultation are available. 	<p>Cost and training can be contacted at NYU Child Study Center.</p>	<p style="text-align: center;">Yes</p>	<p>A study published in the February 2011 issue of Child Development details evidence that pre-school children were better behaved and more socially and emotionally ready for learning in school after 13 weeks’ participation.</p>

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Parent Effectiveness Training (PET)</p> <p>Thomas Gordon Training 800-628-1197 www.gordontraining.com/parentingclass.html</p>	<p>Any parents</p> <p>To develop child self-discipline and self-control; and to promote families working together and participating in rule-setting</p>	<ul style="list-style-type: none"> ▪ Focuses on communication, decision-making and conflict resolution skills to build and maintain an effective relationship with a child. ▪ Provided in eight 3-hour, or two 4-hour instruction sessions, through discussion, practice and application of exercise with a commitment to learn communication skills. ▪ Training materials: Study Guide, Adult Resource Book, Young Adult Resource Book for kids over 12, and audio CD are available in Spanish and 14 other languages as well. 	<p>Instructor Certification required</p> <p>Training cost: \$2,200 – 1 week session, including trainer materials</p>	<p style="text-align: center;">No</p>	<p>Two major studies showed overall positive effect of PET on parental attitude, understanding of children, empathy for their children and acceptance of them.</p>
<p>Parenting a Second Time Around (PASTA)</p> <p>Cornell Cooperative Extension of Orange County 845-344-1234 dav4@cornell.edu www.parenting.cit.cornell.edu/pp_pasta.htm</p>	<p>Grandparents or other parenting relatives</p> <p>To improve the confidence in grandparents and relative caregivers who are parenting again or for the first time</p>	<ul style="list-style-type: none"> ▪ Focuses on providing an overview of child development; mental health issues, community resources; discussion on sensitive issues; and encouragement for grandparents to take an active role in accessing legal, medical, social and educational services. ▪ Training and support: provided in small groups ▪ Training materials: Handouts at the meeting 	<p>\$45.50</p> <p>No training required</p>	<p style="text-align: center;">No</p>	<p>The curriculum is being used in 24 states. In 2003 it was awarded National first Place for Educational Curriculum Package by the National Extension of Family and Consumer Services.</p>
<p>Parenting Journey</p> <p>Parenting Journey Training Institute 212-430-5909 The Family Center 413-663-6593 http://www.familyserviceinc.com/WhatWeDo/ParentingJourney.html http://www.thefamilycenterinc.org/events_information.htm</p>	<p>Any parents, especially for those who have not had the kind of upbringing of their own that serves as a resource and supportive relationship to their children</p> <p>To increase parent’s self-awareness, self-care, parenting skills and to build nurturing family relationships</p>	<ul style="list-style-type: none"> ▪ Based on David Merrill’s Component Display Theory (CDT) and emphasized on the parent as a person rather than on the child or the child in a disciplinary relationship with the parent. ▪ Focused on promoting positive parental attitude that enhances good parenting, such as respect, helping each other, and listening empathetically, and being curious, etc. ▪ Twelve 2-hour weekly education and support sessions involve experiential exercises. The sessions are divided into four groups with their own period goals. 	<p>Facilitator training, \$500 - \$650, include curriculum, program materials and free post training technical assistance.</p> <p>Training is provided in major cities. Contact website for details.</p>	<p style="text-align: center;">Yes</p>	<p>The parenting program has demonstrated the effectiveness in helping parents learn more about themselves and examining the origins of both their productive & counterproductive parenting skills.</p>

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Parenting Skills Workshop Series</p> <p>Cornell Cooperative Extension http://ecommons.library.cornell.edu/handle/1813/3498 Evaluation information http://www.parenting.cit.cornell.edu/pp_psws.html</p>	<p>Parents with children of any age, of varying literacy levels, who benefit from hands-on learning format</p> <p>To enhance parents' parenting skills and parent-child relationships</p>	<ul style="list-style-type: none"> ▪ Based on themes consistent with STEP (Systematic Training and Effective Parenting) and PET (Parent Effectiveness Training). ▪ Eight 2-hour weekly workshops focus on learning new skills in a format that emphasizes action in "real" situations. The five foundational parenting skills are Encouragement, Can Do, Choices, Self-Control and Respecting Feelings. Facilitators provide feedback and technical assistance in using the skills during practicing time when participants talk about and work on situations they are struggling with in the present. ▪ Training materials: trainer's manual, handouts, posters, and certificates of achievement 	<p>\$13.95</p> <p>Training is recommended. Contact Nancy Potter of CCE Tompkins np20@cornell.edu</p>	<p style="text-align: center;">Yes</p>	<p>Evaluations on 226 participants 2005-09 reported significant improvement in their ability to use the five foundational parenting skills, confidence and satisfaction with their families. Parents reported increased ability to deal with challenging situations.</p>
<p>Parenting Through Change</p> <p>Implementation Sciences International 541-485-2711 marionf@oslc.org</p>	<p>Separated mothers with elementary school children</p> <p>To enhance child adjustment and to prevent behavioral and emotional problems</p>	<ul style="list-style-type: none"> ▪ Goal is to provide recently separated single mothers with group sessions to learn effective parenting practices, including skill encouragement, limit-setting, problem-solving, monitoring, and positive involvement. ▪ 14 weekly group sessions, presenting topics in an integrated, step-by-step approach typically introduced in one or more sessions, then reviewed and revisited throughout the remainder of the program. ▪ Training materials: Materials for parents are available in Spanish. 	<p>\$1,000 per participant, including parents materials for 10-15 parents, recording system, incentives, etc.</p>	<p style="text-align: center;">Yes</p>	<p>SAMSHA: 3.4 – 3.8 (supported evidence)</p>
<p>Parenting Wisely <i>(used also by parents for self-education)</i></p> <p>FamilyWorks, Inc. 866-234-WISE 740-594-2502 troy@divorce-education.com WWW.parentingwisely.com</p>	<p>Parents of children ages 3 – 18 years</p> <p>To increase parenting skills, problem solving and family unity; also to reduce problem behaviors</p>	<ul style="list-style-type: none"> ▪ Based on social learning, cognitive, behavioral, and family system theories, that can be for individual or group education. ▪ Training topics cover communication skills, problem solving skills, speaking respectfully, assertive discipline, reinforcement, chore compliance, homework compliance, supervising children hanging out with peers who are a bad influence, step-family problems, single parents' issues, violence, and others. ▪ Training materials: in CD-ROM or online formats, DVD/VHS are also available. CD and DVD, Service provider's guide, parent handbooks, brochures, referral cards, floppy disk with evaluation forms are available in Spanish. 	<p>CD-ROM: \$599; video-tape set with CD \$199; and \$299 for others</p> <p>It is a self-administered program. Training is not required.</p>	<p style="text-align: center;">Yes</p>	<p>CEBC: Promising OJJDP: Promising PPN: Screened SAMSHA: 2.7 – 2.8 (acceptable evidence)</p>

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Parents Anonymous® Inc.</p> <p>675 W. Foothill Blvd., Suite 220 Claremont, CA 91711 909-621-6184 x207 www.parentsanonymous.org</p>	<p>It is an innovative parent education and parent mutual support-shared leadership group on child abuse prevention for mothers, fathers, grandparents and caregivers in the community.</p> <p>Goals are to eliminate risk factors, negative parental attitude and low parenting competency while strengthening the family.</p>	<ul style="list-style-type: none"> ▪ Based on the belief that parents are in the best position to help other parents. Program principles are mutual support, parent leadership, shared leadership, and ethos including anonymity, confidentiality and a commitment to bettering oneself and lives of one's children. ▪ Parents Anonymous® meetings are co-led by a professionally trained facilitator and a participating parent who is selected by other parents in the group. Participating parents' contribution to the group is an essential part of the process. ▪ Meetings are ongoing, open-ended, weekly, and free of charge, taken place in schools, community centers, child care centers, religious institutions, etc. in partnership with public and private agencies, involving volunteers as well. ▪ Participants' children join in Parents Anonymous® Children's Program while their parents are attending the meeting. ▪ Participants' individual progress will be transmitted to the national program database for tracking of program success. 	<p>Contact the national program for details of training and program implementation.</p>	<p style="text-align: center;">No</p>	<p>A National Outcome Study by the National Council on Crime & Delinquency Prevention (NCCD) found promising results of reduced child maltreatment outcomes, reduced risk factors and increased protective factors among parent participants over 6 months.</p> <p style="text-align: right;">CEBC: Promising</p>
<p>Parents Apart</p> <p>Cornell Cooperative Extension of Tompkins County 607-272-2292 ext. 243 www.ccetompkins.org/ParentsApart/intex.htm</p>	<p>Divorcing and separating parents</p> <p>To improve child coping during parents' separation and divorce</p>	<ul style="list-style-type: none"> ▪ Training topics include how children react to their parents' separation/divorce, what parents can do to help their children adjust, how to keep children out of the middle of their parents' conflict, how to parent after separation and divorce, listening skills, avoiding common pitfalls, understanding mediation and legal processes, and legal resources to families. ▪ 2 weekday evening workshop sessions for a total of 6 hours, with local psychologists, family therapists, social workers, lawyers and mediators ▪ Training materials: Handouts at the meeting are available in Spanish. 	<p>Training available Contact CCE Tompkins for details</p>	<p style="text-align: center;">Yes</p>	<p>There were findings from social science research on divorce, developmental and environmental factors that impact children and adults. The program was considered to be effective in providing strategies for an adjustment in transition.</p>
<p>Partners in Parenting Education (PIPE)</p> <p>628 East Bridge Street, Suite 200 Brighton, CO 80601 303-655-9900 info@howtoreadyourbaby.org www.howtoreadyourbaby.com/us/pipe</p>	<p>For adolescent parents and parents who have had less than optimal parenting examples themselves</p> <p>To strengthen relationship between parents and children by increasing the emotional availability</p>	<ul style="list-style-type: none"> ▪ A child-focused experimental model based on attachment-theory and designed to strengthen relationships between parents and children by increasing the emotional availability. ▪ Aimed at teaching emotional communication, parent/infant interaction, and skills for emotional regulation. ▪ Training can be conducted at home visits, or small groups. ▪ Training materials: Curriculum package, parent handouts, and activity cards are available in Spanish. 	<p>Curriculum package: \$450 Educator's Guide: \$280 Parent Handouts & CD ROM: \$100</p> <p>Training: \$900 per participant</p>	<p style="text-align: center;">Yes</p>	<p>The PIPE is an evidence-based program that has demonstrated positive effects on emotional relationship between parent and child.</p>

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Peaceful Parents ... Peaceful Kids</p> <p>Jennie Mose Family Resource Center, Addison, NY Karen Sweeney 607-359-3839 ksweeney@addisoncsd.org</p>	<p>Parents of school age children</p> <p>To enhance parenting skills</p>	<ul style="list-style-type: none"> ▪ Based on Dr. William Glasser’s Choice Theory, including a parent and a child component. ▪ Focused on teaching parents to look at themselves as leaders; providing flexibility and opportunity for parents to have self-evaluation and personal accountability. ▪ 4-week program covers the topics for parents to understand behavior and why we do what we do, communication, the “deadly habits” we practice and discipline, which involves problem solving, consequences and self-discipline. ▪ Training materials: curriculum 	<p>Curriculum available without cost upon consultation with JM FRC</p>	<p style="text-align: center;">No</p>	<p style="text-align: center;">N/A</p>
<p>Positive Parenting Program (TRIPLE P)</p> <p>Level 2, 1201 Lincoln Street, Columbia SC 29201 803-451-2278 Contact.us@triplep.net http://www.triplep-america.com</p>	<p>Parents of children from birth to age 16</p> <p>To improve parenting skills</p>	<ul style="list-style-type: none"> ▪ Based on social learning theory to ensure a safe, engaging, and positive environment, using assertive discipline, realistic expectations, and taking care of oneself as a parent. ▪ The multi-level program includes five levels of intervention, each featuring a different means of delivery and intensity of service. ▪ Training materials: Facilitator’s manual, Tip Sheets, Parents’ handouts are available in Spanish. 	<p>Accreditation Training costs, including Facilitator’s Manual & CD ROM, Tip Sheet Series, Parents’ Survival Guide & Coping with Stress DVDs, Evaluation Forms: \$790 - \$1,905, depending on the level of training.</p>	<p style="text-align: center;">Yes</p>	<p>Studies demonstrate effectiveness in developing appropriate parenting methods, reducing parental stress & depression; and reducing child behavioral and emotional problems.</p> <p>CEBC: Well supported</p>
<p>Smart Steps</p> <p>Cornell Cooperative Extension of Jefferson County 315-788-8450 ext 224 http://counties.cce.cornell.edu/jefferson/</p>	<p>Step-parents and their children</p> <p>To strengthen families with step-parents, partnering couples</p>	<ul style="list-style-type: none"> ▪ Focused on building family strengths with sound and practical information for step-parents and partnering couples. ▪ Six 2-hours weekly sessions held concurrently for parents and children with a family activity at the end of the session. Adult and child group facilitators provide interactive learning opportunities for the entire family. 	<p>Curriculum: \$80 curriculum plus supplemental video: \$105 (Man of the House & Stepmom)</p>	<p style="text-align: center;">Yes</p>	<p>A study done in Utah in 2006 showed promising results of participants’ healthy relationships and relationship stability. Another 5-year study in Alabama will be completed in 2011.</p>
<p>Strengthening Families Program</p> <p>801-581-7718/583-4601 www.strengtheningfamiliesprogram.org</p>	<p>Parents or caretakers with 3 – 16 years olds</p> <p>To increase resilience and reduce risk factors for children</p>	<ul style="list-style-type: none"> ▪ Based on behavioral and cognitive skills training to provide parenting skills, children’s life skills and family life skills. ▪ Training content includes academic achievement, antisocial/aggressive behavior, social and emotional learning, booster sessions, parent-child interactions, parent training and skills development. ▪ 14 2-hour sessions consisted first hour for parents and children separately, then together. ▪ Modified for African American, Asian/pacific Islander, Hispanic and American Indian families, rural families and families with early teens. 	<p>CD master set of materials to reproduce: \$450</p> <p>Training required, \$3,650 2-day training for up to 35, includes one master set.</p>	<p style="text-align: center;">Yes</p>	<p>BVP: Promising OJJDP: Exemplary PPN: Screened SAMSHA: 3.1 (supported evidence)</p>

Resources in Parent Education: Group Programs & Curricula

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Strengthening Multi-Ethnic Families and Communities: Violence Prevention Parent Training</p> <p>1220 S. Sierra Bonita Ave.L. A., CA 90019-2552 323-936-0343 Http://www.strengthenfamilies.org/html/programs_1999/35_SMEFC.html</p>	<p>Ethnically and culturally diverse parents of children ages 3-18</p> <p>To increase parenting competency, positive family relationships, child self-esteem, self-discipline and social skills. Long term: reduce drug/ alcohol use, teen suicide, juvenile delinquency, gang involvement, child abuse and domestic violence</p>	<ul style="list-style-type: none"> ▪ Integrated with various prevention/intervention strategies geared toward reducing violence against self, the family and the community. ▪ Twelve 3-hour sessions delivered in consecutive weeks at a variety of locations, such as community agencies, schools, and churches, etc. ▪ The curriculum includes five major components: Cultural/Spiritual Focus; Rites of Passage; Positive Discipline; Enhancing Relationships; and Community Involvement. ▪ Materials are available in English, Spanish, Vietnamese and Korean. Cambodian and Russian translations are being completed. Facilitator manuals are available in English and Spanish. ▪ Child Activities Supplement to augment the program is also available. ▪ Agencies are recommended to consider providing child care, refreshment and a graduation ceremony. 	<p>Parent Manual: \$17 per parent or family</p> <p>Training required, \$535-\$625 for an intensive 5-day Facilitator Workshop, plus travel expenses for one trainer. Implementation of parents' pre and post tests evaluation required.</p>	<p style="text-align: center;">Yes</p>	<p>Evaluation reports: helps with child rearing challenges, promotes family bonding, promotes pride in cultural heritage, promotes community bonding and reduces life-threatening risks for children.</p> <p>OJJDP: Promising</p>
<p>Systematic Training for Effective Parenting (STEP)</p>	<p>Parents of children from birth to teen years</p> <p>To improve skills and relationships with children</p>	<ul style="list-style-type: none"> ▪ Designed for parenting groups in four basic programs: Early Childhood (birth-6), Children 6-10, Teens, and STEP Programs in Spanish. ▪ Seven sessions that cover the topics: understanding yourself and your child, beliefs and feelings, encouragement, communication, discipline, self-esteem, cooperation, problem solving, family meetings and others. ▪ Programs and materials are available in Spanish. 	<p>Training kit: \$345, For additional parents @\$13 - \$17</p> <p>Training is not required.</p>	<p style="text-align: center;">Yes</p>	<p>CEBC: Promising</p>
<p>The 5 Essentials of Successful Parenting</p> <p>Various vendors: http://cambridge.films.com/id/5779/The_5_Essentials_of_Successful_Parenting.htm http://www.sociallearning.com/catalog/items/DVD6178.html</p>	<p>Parents of young children to ages 5</p> <p>To increase positive parent involvement and nurturing parent-child relationships</p>	<ul style="list-style-type: none"> ▪ Designed for parenting education groups to address needs that are unique to parents with young children. ▪ 5-part video series parenting education classes include the topics on love and stability, time together, inspire and challenge, positive discipline, and safety and health. ▪ Training materials: DVD or VHS, facilitator's guide and handouts (JM Family Resource Center uses in conjunction with "Peaceful Parents".) 	<p>\$325</p> <p>Training is not required.</p>	<p style="text-align: center;">No</p>	<p>The program was highly recommended by Video Librarian.</p>
<p>The Incredible Years: Parents and Children Series (IY)</p> <p>1411 8th Avenue West Seattle, WA 98119 888-506-3562 http://www.incredibleyears.com/</p>	<p>Parents of children from ages 0 – 12</p> <p>To increase parent competencies; and to reduce conduct problems and increase social, emotional and academic competence in children</p>	<ul style="list-style-type: none"> ▪ Based on social learning and attachment theories to design as intervention and prevention for parents, teachers and children, especially dealing with children diagnosed with conduct disorders. ▪ Group-based program with the use of video modeling methods to focus on discussion, practice of parenting strategies, and modeling of problem solving, discipline strategies and positive communication. ▪ 4 to 14 2-3 hour weekly sessions, depending on the program and focus of children's age. ▪ Training materials: Video as prompts for discussion, supplemental book for parents, home assignments. Audio-tapes available in Spanish. 	<p>Tapes: \$1,000-\$1,300 Leader's manual: \$150</p> <p>Training is required. On-site training for group: \$1,500-\$2,000 (Contact website for cost for planning.)</p>	<p style="text-align: center;">Yes</p>	<p>BVP: Model</p> <p>CEBC: Well-supported</p> <p>OJJDP: Exemplary</p> <p>PPN: Proven</p> <p>SAMSHA: 3.6 – 3.7 (supported evidence)</p>

Resources in Parent Education: Home-Based Programs

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Attachment and Biobehavioral Catch-up Intervention (ABC)</p> <p>Mary Dozier mdozier@psych.udel.edu Tel: 302-831-8801 Fax: 302-831-3645 http://www.abcintervention.com</p>	<p>Parents/caregivers for young children between 10 and 24 months who have been neglected and caregivers of young children in foster care</p> <p>To target key problematic issues among children who have experience early maltreatment and/or disruption in care</p>	<ul style="list-style-type: none"> ▪ Designed to help parents/caregivers to provide nurturance naturally even when children do not appear to need it and to provide a predictable environment so the children can learn to regulate their behavior and emotion. ▪ 10 one-hour sessions conducted in the home of the caregiver focused on the interaction between caregiver and the children through discussion, review of the caregiver’s diary of how the child responds when distressed and review of the video-taped of their interaction. 	<p>Macbook \$1100 educational price Video Camera about \$375</p> <p>Weekly supervision through video-conferencing over a year and submission of three full sets of videos (10 sessions each) are required for Certification.</p>	<p style="text-align: center;">No</p>	<p>Clinical trials supported that children whose caregivers have received the ABC intervention show better outcomes with regard to attachment and normative cortisol production than children in alternative intervention.</p>
<p>Healthy Families New York (HFNY)</p> <p>http://www.healthyfamiliesnewyork.org/</p>	<p>Parents expecting a child, prenatally and up to five years old or enrolled in Kindergarten</p> <p>To promote positive parenting skills and parent-child interaction, to prevent child abuse and neglect and support optimal prenatal care and child health and development</p>	<ul style="list-style-type: none"> ▪ Designed with an ecological theory of human development to assist new or expectant parents who are deemed at risk of abusing or neglecting their children through home visiting services to develop and promote positive parenting skills, parent-child interaction, optimal prenatal care and child health and development. ▪ Scheduled home visit held weekly or as needed with the parent ▪ Training materials: delivered to the parent at home visit 	<p>Training provided by Healthy Families New York</p>	<p style="text-align: center;">Yes</p>	<p>Evaluation study reported a reduction of serious physical abuse, physical and psychological aggression, and harsh parenting behavior.</p> <p>PPN: Proven CEBC: Well-supported Child Trends: Effective Nat Gov Assoc: Best Practices</p>
<p>Nurse-Family Partnership</p> <p>Nurse-Family Partnership National Service Office 1900 Grant Street, Suite 400 Denver, CO 80203 866-864-5226 www.nursefamilypartnership.org</p>	<p>First-time mother throughout her pregnancy and the first two years of her child’s life</p> <p>To improve pregnancy outcomes, child health and development and self-sufficiency for low-income first-time parents through a voluntary evidence-based nurse home visitation program</p>	<ul style="list-style-type: none"> ▪ The one-on-one home-based education model draws on the theories of human ecology, self-efficacy and attachment to build within a professional nursing framework. ▪ Client is enrolled early in her pregnancy and receives the first visit by no later than the end of 28th week of pregnancy. A nurse home visitor delivers program services to a participant’s home during scheduled visits. The visits will be conducted throughout the participant’s pregnancy and the first two years of child’s life. Other supporting family members are encouraged in attendance. ▪ In support of the participant’s goal, the nurse home visitor will assess, plan, intervene, teach and evaluate the care. ▪ The program collects data on health indicators and progress of mothers and children in the program. Certain risk factors will be followed closely, such as gestational age at which prenatal care began, substance abuse, preterm births, low birth weight and NICU use, etc. ▪ Service linkages for clients will be made when necessary. 	<p>A nurse home visitor is required to have at least a bachelor’s degree in nursing and completion of the core training of Nurse-Family Partnership.</p> <p>Prospective agencies should contact the Nurse-Family Partnership National Office to get help with development of the program.</p>	<p style="text-align: center;">Yes</p>	<p>Extensive research on the model was conducted with three diverse populations over last three decades. Findings revealed consistent and strong program effects, lifetime benefits to mothers, and lifetime benefits to children. Please refer to the agency’s website for details of the outcomes study.</p> <p>PPN: Proven</p>

Resources in Parent Education: Home-Based Programs

<ul style="list-style-type: none"> ▪ Program Title ▪ Contacts 	<ul style="list-style-type: none"> ▪ Audience ▪ Intended Outcomes 	<p style="text-align: center;">Brief Description (Goal, focus, features & format)</p>	<ul style="list-style-type: none"> ▪ Costs ▪ Training 	<p style="text-align: center;">Eval Tool</p>	<p style="text-align: center;">Evidence-Based Web Citation</p>
<p>Parent-Child Home Program (PCHP) 1415 Kellum Place, Suite 101, Garden City New York 11530-1690 516-883-7480 info@parent-child.org www.paren-child.org</p>	<p>Parents of children from 16 months to 4 years old</p> <p>To strengthen parent-child verbal interaction and child's academic readiness and success</p>	<ul style="list-style-type: none"> ▪ Designed to promote children's quality verbal interaction and to expose them to play and interactive experiences that encourage problem-solving and appropriate social-emotional development. ▪ Trained home visitor conduct a series of 46 free, twice-weekly home visits to families in the child's first two years to model reading, play activities, verbal interaction and emotional responses to the child, rather than teaching behaviors. ▪ Training materials: colorful books, toys, play activities 	<p>Training and certification required - Contact PCHP for details.</p>	<p style="text-align: center;">Yes</p>	<p>Supported evidence showed on helping parents to have better performance in positive interaction quantitatively and qualitatively with their children.</p> <p>CEBC: Promising</p>
<p>Parents As Teachers (PAT) 2228 Ball Drive, St. Louis, Mo 63146 314-432-4330 http://www.parentsasteachers.org</p>	<p>Parents of preschool children</p> <p>To increase parents' understanding of child development and to improve parenting practices</p>	<ul style="list-style-type: none"> ▪ Focused on providing information, support and encouragement to parents to help their children develop optimally during the crucial early years of life at home visits. ▪ The home-based parent education curriculum was developed by PAT. ▪ Training materials: materials given to parents at home visits 	<p>Training cost and curriculum from \$200 - \$900, depending on location and training type. Contact website for details.</p>	<p style="text-align: center;">Yes</p>	<p>The program has shown parents' increased knowledge of child childhood development, health issues and preventing child abuse and neglect. PPN: Promising</p>
<p>(SPIN) Stichting Promotie Intensieve Thuisbehandling Nederlands 394 Lowell Street Harrington Park Suite #5 Lexington, MA 02420 781-652-0710 info@spinusa.org www.spinusa.org</p>	<p>Parents, teachers, principals, managers, social workers and direct care staff</p> <p>To provide strengthen-based video home training for parents to highlight positive parent-child interactions and to reinforce positive parenting behaviors</p>	<ul style="list-style-type: none"> ▪ Based on the belief that warm, responsive, nurturing interactions are the key to healthy family life and develop lasting positive change. ▪ Thirteen 1-hour weekly visits conducted by a trained Video Home therapist to tape and edit activities at home to highlight the positive parent-child interaction effecting the child. The goal is to help parents build strong, loving bonds with child by watching video-taped interaction with child that shows the positive connection and help parents with strengthening their skills and child's development. ▪ Training: 6 taping visits, 6 viewing visits, and the last visit to view the DVD with edited video and slide show of still photos. ▪ Training is available for providers to strengthen family interaction and maximize performance. 	<p>No direct individual training, but interested agencies can be assisted in designing a training program that suits the agency. Contact SPIN USA for details.</p>	<p style="text-align: center;">No</p>	<p>A few experimental studies showed that a video feedback intervention improved interaction skills of early childhood caregiver/educator and children.</p>
<p>The Carolina Abecedarian Program FPG Child Development Institute CB 8180 Chapel Hill NC 27599-8180 919-966-2622 www.fpg.unc.edu/-abc/</p>	<p>Parents of children from infancy through age 5</p> <p>To provide highly structured home-based early childhood intervention with a formal parenting education component for at-risk families</p>	<ul style="list-style-type: none"> ▪ Based on the theory that early intervention for children living in poverty and for children with developmental disabilities can yield significant improvements in cognitive, academic, and social outcomes. ▪ A systematic curriculum consists of educational "games" incorporated into the child's day, with the focus on social, emotional, cognitive areas, and much emphasis on language development. 	<p>For information on training and program replication, Contact Dr. Joe Sparling at sparling@unc.edu 919-929-1017</p>	<p style="text-align: center;">Yes</p>	<p>The program has demonstrated long-lasting benefits for mothers and their children in achieving higher educational and employment status.</p>